Thank you

Thank you for joining us, we will get started in just a few minutes to allow others to call in.

We will get started at 11:00 am

To receive the slides shared today please email <u>COProviderRelations@Carelon.com</u>

the slides and recording will also be posted to the RAE 2 and RAE 4 websites in the next week

1

Before we get started...

Please type your name and organization in the chat so we know who you are.

If you have questions at any time during the webinar, we ask that you type them in the Q&A

Everyone's line is muted during the webinar.

Thank you





February Provider Support Call

Monthly Provider Roundtable

February 9, 2024

What is the RAE?

The RAEs are responsible for the health and cost outcomes for members in their region, as well as:

- Developing a network of Primary Care Medical Providers (PCMPs) to serve as medical home providers for their members,
- Developing a contracted statewide network of behavioral health providers,
- Administering the Department's capitated behavioral health benefit,
- Onboarding and activating members,
- Promoting the enrolled population's health and functioning, and
- Coordinating care across disparate providers, social, educational, justice, and other community agencies to address complex member needs that span multiple agencies and jurisdictions.







FQHCs:





CMHCs:





Where hope begins.

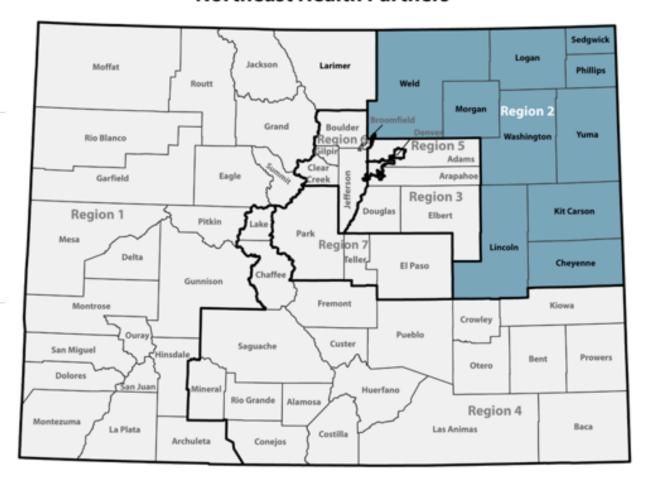
Administrative Service Organization:



NORTHEAST HEALTH PARTNERS, LLC



Northeast Health Partners





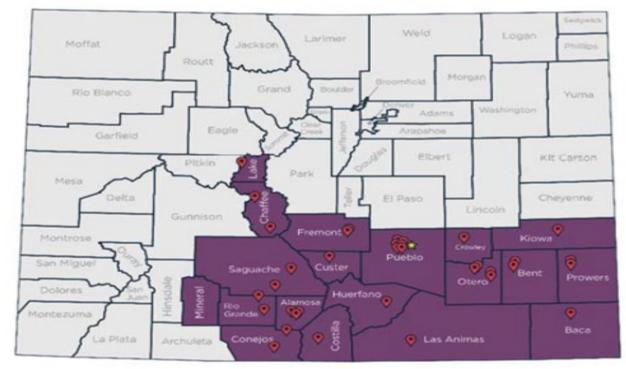
















What is a RAE Roundtable?

This is a monthly meeting where we share updates, provide information, training, and welcome your questions and discussion.

Feel free to share this invitation with colleagues who may also have an interest in attending.





Agenda

- 1. Welcome and Introductions
- 2. CO Medica id Eligibility, Application and Renewal Information
- 3. Medica id Benefits/EPSDT
- 4. Member Engagement
- 5. Updates
- 6. Reminders, Questions & Open Discussion





Chapter 01

Welcome and Introductions

Thank you for joining the Provider Support Call





Chapter 02

CO Medica id Eligibility, Application and Renewal Information





Have you heard about House Bill 22-1289?

- Will expand healthcare insurance coverage to all lowincome children and pregnant people in Colorado, regardless of immigration status.
- ✓ This is for Medicaid and the Children's Health Insurance Program (CHP+)
- ✓ Watch for go-live date for this coverage to go into effect targeting 2025

COVER ALL COLORADANS

HB22-1289

Sponsors: Representatives Gonzales-Gutierrez and McCluskie and Senator Moreno

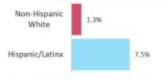
Every family deserves a healthy

Health insurance coverage is an important social determinant of health and a building block of family financial security. Perhaps at no time are these benefits more important than during pregnancy and childhood.

Uninsured Rates for Women (age 18-44) in Colorado, 2021



Unsinsured Rates for Children (age 0-18) in Colorado, 2021



Source: 2021 Colorado Health Access Survey

While efforts to expand access to health insurance in Colorado have reduced uninsured rates, wide disparities by race and ethnicity remain. In Colorado, Hispanic/Latinx women of reproductive age are three times more likely to be uninsured, compared to their non-Hispanic peers, and Latinx children are twice as likely to be uninsured.

This bill will:



Expand Coverage

- Provide full health care coverage using existing federal funding for pregnant people who would otherwise be eligible for Medicaid and CHP+ if not for their immigration status, and continues coverage through 12 months postpartum.
- Provide full health care coverage to children, regardless of immigration status, through age 18.



Provide Support

 Provide pregnancy and postpartum support by improving access to parental support programs.



Collect Data

 Collect data for improved health care equity by strengthening and permanently authorizing CDPHE's Health eMoms Survey.



Expand Enrollment

 Expand health insurance enrollment by creating a Special Enrollment Period for pregnancy so that people can sign up for insurance when they become pregnant and not have to wait until later in the year.



Who Qualifies for Health First Colorado?

No one should assume they don't qualify--there are different eligibility categories for different situations. The
only way to know for sure is to apply!

Approximate Monthly Income To Qualify for Health First Colorado

mily Size Adult	ts 19-65	Children 0-18	Pregnant Women
mily of 1 up to	\$1,616	up to \$1,725	up to \$2,369
mily of 2 up to	\$2,186	up to \$2,334	up to \$3,205
mily of 3 up to	\$2,755	up to \$2,942	up to \$4,040
mily of 4 up to	\$3,325	up to \$3,550	up to \$4,875
mily of 4 up to			

You may still qualify if you make more. Apply for more details.





CO Medica id Eligibility & Application Process

Any Coloradan who needs health care coverage should apply for Health First Colorado or CHP+. There are several ways to apply:

- Online at <u>Colorado.gov/PEAK</u> -- this is the fastest way to apply
- In person at your local <u>DHS county office</u> or a <u>Certified Application Assistance Site</u>
- By phone at 1-800-221-3943 / State Relay: 711. Available Monday Friday, 8 am to 4 pm
- By mail. Download and print an <u>application</u>.

Applications can be submitted any time of the year--there is no enrollment period for Health First Colorado and CHP+. Members can contact their local DHS office.

For details on how to apply, visit: https://www.healthfirstcolorado.com/apply-now/





CO Medica id Eligibility & Application Process

What Information Do Members Need When Applying For Health First Colorado?

- The name, address, and contact information of each person applying;
- Social Security numbers of each member of your household seeking medical assistance (or document numbers for lawfully present individuals);
- The birth dates of each person applying;
- Employer information for each member of your household;
- Income information for each member of your household (for example, wage and tax statements such as pay stubs or W2 forms);
- Information about any other income you receive;
- Information and policy numbers for health insurance plans currently covering members of your household; and
- Citizenship and identity documentation





CO Medica id Eligibility & Application Process

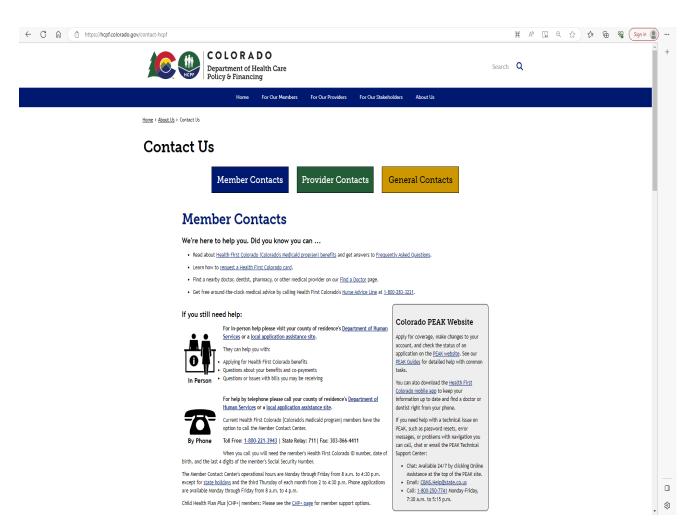
For more information, useful tools, and tips about applying for Health First Colorado and CHP+ please visit:

https://hcpf.colorado.gov/contact-hcpf

Coloradans can also apply for financial help to purchase private health insurance through Connect for Health Colorado. Anyone can apply within 60 days of a life changing event, including loss of job-based coverage.







Continuous Coverage Ending – What can providers do?

- ✓ Encourage members to turn in their renewal pack even if their renewal date has passed. There is a 90-day reconsideration period for members to turn in their packet.
- ✓ Print #KeepCOCovered flyers or Take Action on Your Renewal flyers and distribute to members. See toolkits (has 11 various languages for members).
- ✓ Remind members to update their contact information by contacting DHS or calling1-800-221-3943.
- ✓ Check member eligibility to ensure member is still covered with Health First Colorado.
- ✓ Direct members to Connect for Health Colorado if they have lost coverage/over income guidelines.
- ✓ Direct members to <u>DHS</u> or a <u>Certified Application Assistance Site</u> for help in filling out renewal packet.
- ✓ Let members know their renewal packet comes in an envelope that states in RED letters: URGENT PLEASE REPLY. Additionally, the envelope has the Colorado color seal.
- ✓ Direct members to https://www.healthfirstcolorado.com/renewals/ for more information.





Chapter 03

Medicaid Benefits/EPSDT Services





Member Handbook – great resource to give to members. Available in English & Spanish

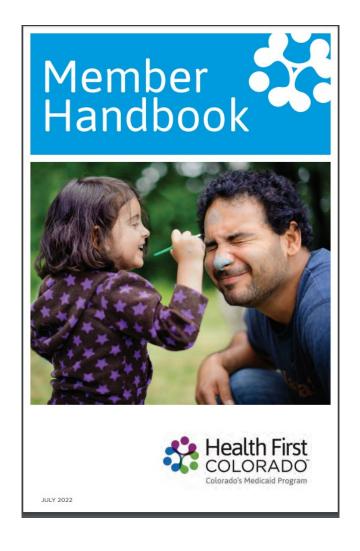
Member Handbook:

https://www.healthfirstcolorado.com/wpcontent/uploads/2020/05/Health-First-Colorado-Member-Handbook.pdf

Benefit Link:

<u>https://www.healthfirstcolorado.com/benefits-services/</u>

Member Handbook is also found on our websites.





EPSDT Overview

Introduction to EPSDT

- EPSDT is a federally mandated Medicaid benefit under Title 19. It is not a program or a waiver. Medicaid members aged 20 and under have Medicaid benefits under the Title 19 program, and therefore are entitled to EPSDT benefits. Children in CHP+do not have EPSDT benefits as CHP+ is a different Title.
- Children do not have to enroll in or request EPSDT it is part of their benefit structure.
- EPSDT is a comprehensive healthcare plan focused on prevention and early treatment. It is a flexible plan with a menu of benefits available to be tailored to children's individual and development needs, not to private insurer benchmarks.
- EPSDT is not a special funding program, a stand-alone coverage with a special application process, or a freestanding funding source for a limited class of services.



What is an EPSDT Service? EPSDT = Early and Periodic Screening, Diagnostic, and Treatment

Regular preventive care, a robust menu of medical care and a pediatric standard of medical necessity add up to: early identification and integrated treatment of kids' health problems!



The right CARE

(medical, vision, hearing, behavioral, and dental screenings). Screenings are used for diagnostic purposes and inform the treatment a member may receive.



To the right CHILD (children a ged 20 and under)



At the right TIME

Screenings should be periodic/regular according to Bright Futures Guidelines. The earlier something is diagnosed, the earlier the child can receive treatment.



In the right SETTING. The right setting is related to the type of treatment a child needs.





Recommendations for Preventive Pediatric Health Care

Bright Futures/American Academy of Pediatrics



Each child and family is unique; therefore, these Recommendations for Preventive Pediatric Health Care are designed for the care of children who are receiving nurturing parenting, have no manifestations of any important health problems, and are growing and developing in a satisfactory fashion. Developmental, psychosocial, and chronic disease issues for children and adolescents may require more frequent counseling and treatment visits separate from preventive care visits. Additional visits also may become necessary if circumstances suggest concerns.

These recommendations represent a consensus by the American Academy of Pediatrics (AAP) and Bright Futures. The AAP continues to emphasize the great importance of continuity of care in comprehensive health supervision and the need to avoid fragmentation of care.

Refer to the specific guidance by age as listed in the Bright Futures Guidelines (Hagan JF, Shaw JS, Duncan PM, eds. Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents. 4th ed. American Academy

The recommendations in this statement do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate.

The Bright Futures/American Academy of Pediatrics Recommendations for Preventive Pediatric Health Care are updated annually

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				INFANCY EARLY CHILDHOOD							MIDDLE CHILDHOOD								ADOLESCENCE													
AGE ¹	Prenatal ²	Newborn ¹	3-5 d*		2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 y	4y	5 y	6 y	7 y	8 y	9 y	10 y	11 y	12 y	13 y	14 y	15 y	16 y	17 y	18 y	19 y	20 y	21 y
HISTORY Initial/Interval	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
MEASUREMENTS					$\overline{}$																											
Length/Height and Weight		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Head Circumference		•	•	•	•	•	•	•	•	•	•	•																				
Weight for Length		•	•	•	•	•	•	•	•	•	•																					$\overline{}$
Body Mass Index ¹												•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Blood Pressure ^a		*	*	*	*	*	*	*	*	*	*	*	*	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
SENSORY SCREENING																																$\overline{}$
Vision ⁷		*	*	*	*	*	*	*	*	*	*	*	*	•	•	•	•	*	•	*	•	*	•	*	*	•	*	*	*	*	*	*
Hearing		•2	•9-		-	*	*	*	*	*	*	*	*	*	•	•	•	*	•	*	•	4		● 10 —	-	-		→	4		-•-	-
DEVELOPMENTAL/SOCIAL/BEHAVIORAL/MENTAL HEALTH																				İ												
Maternal Depression Screening ¹¹				•	•	•	•																									
Developmental Screening ¹²								•			•		•																			
Autism Spectrum Disorder Screening ¹¹											•	•																				
Developmental Surveillance		•	•	•	•	•	•	\Box	•	•		•		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Behavioral/Social/Emotional Screening ¹⁴		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Tobacco, Alcohol, or Drug Use Assessment ¹³					-	$\overline{}$																*	*	*	*	*	*	*	*	*	*	*
Depression and Suicide Risk Screening™																							•	•	•	•	•	•	•	•	•	•
PHYSICAL EXAMINATION ¹⁷		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
PROCEDURES**																																
Newborn Blood		● ¹⁹	●20 .		-																											
Newborn Bilirubin ²¹		•																														
Critical Congenital Heart Defect ²²		•																														
Immunization ²¹		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Anemia ³⁴					$\overline{}$	*			•	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Lead ²¹							*	*	• or ★ ³⁶		*	or ★ ²⁶		*	*	*	*															
Tuberculosis ²⁷				*			*		*			*		*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Dyslipidemia ²⁸												*			*		*		*	-		-	*	*	*	*	*	4			-•-	-
Sexually Transmitted Infections ²⁹																						*	*	*	*	*	*	*	*	*	*	*
HIV ¹⁰																						*	*	*	*	•-						-
Hepatitis B Virus Infection ¹¹		*																														-
Hepatitis C Virus Infection ¹²																													•-			-
Sudden Cardiac Arrest/Death ¹¹																						*-										-
Cervical Dysplasia ³⁴																																•
ORAL HEALTH**							● 36	●36	*		*	*	*	*	*	*	*															
Fluoride Varnish ³⁷							4				-•-					→																
Fluoride Supplementation ³⁸							*	*	*		*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*					
ANTICIPATORY GUIDANCE	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
		•																														

- age, the schedule should be brought up to date at the earliest possible time.
- 2. A prenatal visit is recommended for parents who are at high risk, for first-time parents, and for those who request a conference. The prenatal visit should include anticipatory guidance, pertinent medical history, and a discussion of benefits of breastfeeding and planned method of feeding, per "The Prenatal Visit" (https://doi.org/10.1542/peds.2018-1218).

 3. Newborns should have an evaluation after birth, and breastfeeding should be encouraged (and instruction and support
- should be offered).
- 4. Newborns should have an evaluation within 3 to 5 days of birth and within 48 to 72 hours after discharge from the hospital to include evaluation for feeding and jaundice. Breastfeeding newborns should receive formal breastfeeding evaluation, and their mothers should receive encouragement and instruction, as recommended in "Breastfeeding and the Use of Human Milk" (https://doi.org/10.1542/peds.2011-3552). Newborns discharged less than 48 hours after delivery must be examined within 48 hours of discharge, per "Hospital Stay for Healthy Term Newborn Infants" (https://doi.org/10.1542/peds.2015-0699).
- 1. If a child comes under care for the first time at any point on the schedule, or if any items are not accomplished at the suggested 5. Screen, per "Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report" (https://doi.org/10.1542/peds.2007-2329C).
 - 6. Screening should occur per "Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents" (https://doi.org/10.1542/peds.2017-1904). Blood pressure measurement in infants and children with specific risk conditions should be performed at visits before age 3 years.
 - 7. A visual acuity screen is recommended at ages 4 and 5 years, as well as in cooperative 3-year-olds. Instrument-based screening may be used to assess risk at ages 12 and 24 months, in addition to the well visits at 3 through 5 years of age. See "Visual System Assessment in Infants, Children, and Young Adults by Pediatricians" (https://doi.org/10.1542/peds.2015-3596) and "Procedures for the Evaluation of the Visual System by Pediatricians" (https://doi.org/10.1542/peds.2015-3597)
 - 8. Confirm initial screen was completed, verify results, and follow up, as appropriate. Newborns should be screened. per "Year 2007 Position Statement: Principles and Guidelines for Early Hearing Detection and Intervention Programs" (https://doi.org/10.1542/peds.2007-2333)
 - 9. Verify results as soon as possible, and follow up, as appropriate.

- 10. Screen with audiometry including 6,000 and 8,000 Hz high frequencies once between 11 and 14 years, once between 15 and 17 years, and once between 18 and 21 years. See "The Sensitivity of Adolescent Hearing Screens Significantly Improves by Adding High Frequencies" (https://www.sciencedirect.com/science/article/abs/pii/S1054139X16000483
- 11. Screening should occur per "Incorporating Recognition and Management of Perinatal Depression Into Pediatric Practice" (https://doi.org/10.1542/peds.2018-3259).
- 12. Screening should occur per "Promoting Optimal Development: Identifying Infants and Young Children With Developmental Disorders Through Developmental Surveillance and Screening" (https://doi.org/10.1542/peds.2019-3449).

 13. Screening should occur per "Identification, Evaluation, and Management of Children With Autism Spectrum Disorder"
- (https://doi.org/10.1542/peds.2019-3447).

Colora do's Responsibilities with EPSDT

Federal Law states:

That state Medicaid programs must provide EPSDT for members under 21 years of a ge.

Health First Colora do is required to cover any service for members age 20 or younger that is medically necessary to correct or ameliorate a defect, physical or mental illness or a condition identified by screening, whether or not the service is covered under the Medica id plan.

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Additionally,

RAEs have the responsibility to ensure that all eligible children and their families are informed of the availability of screening services and a formal request for an EPSDT screening is not required. RAES must:

- 1. Onboard members within 60 days to explain EPSDT benefits.
- 2. Outreach members who have not utilized EPSDT services.

Finally,

'Children's health problems should be addressed before they become advanced, challenging, or debilitating and before treatment becomes difficult and costly."

EPSDT covers all medically necessary services included within any category of Medicaid services listed in Section 1905 (a) and is not limited to services included in the Colorado Medicaid State Plan. Services must be deemed effective to correct or a meliorate a diagnosed condition.

Mandatory and Optional Services

Medicaid Covered Services

Under EPSDT, states must cover all medically necessary services, including those that are "optional" for adults

Mandatory Services

- ✓ Family planning services and supplies
- Federally Qualified Health Clinics and Rural Health Clinics
- ✓ Home health services
- ✓ Inpatient and outpatient hospital services
- ✓ Laboratory and X-Rays
- Medical supplies and durable medical equipment
- ✓ Non-emergency medical transportation
- ✓ Nurse-midwife services
- Pediatric and family nurse practitioner services
- ✓ Physician services
- ✔ Pregnancy-related services
- ✓ Tobacco cessation counseling and pharmacotherapy for pregnant women

Optional Services

- Community supported living arrangements
- ✓ Chiropractic services
- Clinic services
- Critical access hospital services
- Dental services
- Dentures
- Emergency hospital services (in a hospital not meeting certain federal requirements)
- **✓** Eyeglasses
- ✓ State Plan Home and Community Based Services
- ✓ Inpatient psychiatric services for individuals under age 21
- ✓ Intermediate care facility services for individuals with intellectual disabilities

- Optometry services
- Other diagnostic, screening, preventive and rehabilitative services
- Other licensed practitioners' services
- Physical therapy services
- ✔ Prescribed drugs
- Primary care case management services
- ✔ Private duty nursing services
- Program of All-Inclusive Care for the Elderly (PACE) services
- ✔ Prosthetic devices
- Respiratory care for ventilator dependent individuals
- Speech, hearing and language disorder services
- ✓ Targeted case management
- ✓ Tuberculosis-related services



Screening Components – comprehensive well care

States (RAEs) Must:

States must provide or arrange for screening services both at established times and on an as-needed basis. Covered screening services are medical, mental health, vision, hearing and dental.

Services can vary by state. Each state must meet EPSDT requirements to provide state-defined medically necessary 1905 (a) services in amount, scope and duration to correct or ameliorate the condition.

Five Components of a Medical Screening:

- 1. Comprehensive health and developmental history that assesses for both physical and mental health, as well as for substance use disorders;
- 2. Comprehensive, unclothed physical examination;
- 3. Appropriate immunizations, in accordance with the schedule for pediatric vaccines established by the Advisory Committee on Immunization Practices;
- 4. Laboratory testing (including blood lead testing; and
- Health education and anticipatory guidance for both the child and caregiver.



Medical Necessity Standards Under EPSDT



Correct or Ameliorate

Services or devices that are medically necessary to correct or ameliorate a physical or mental condition must be provided, even if the service is not covered by the Medicaid state plan.

Ameliorate means to improve or to prevent a condition from getting worse or to 'make more tolerable."



Individua lized/Ca se-by-Ca se

Medical necessity is different under EPSDT compared to the regular definition of medical necessity (8.076 and 8.280). It must be determined on a caseby-case individual basis. If it is medically necessary, it must be provided.

All aspects of a child's needs must be considered including long-term needs and activities of daily living.



Prior Authorization

RAEs may require prior authorization to safeguard against unnecessary use of services, **however**, prior authorization cannot delay or deny medically necessary services.



No Fixed Limits

Hard or fixed limits on services cannot be imposed for children and youth 20 and under. There are no monetary caps, as long as the services meet EPSDT's medical necessity criteria.

Note, for Medica id limits to be exceeded, providers must document why it is medically necessary to exceed the limits to correct or a meliorate a defect, physical or mental illness or condition.



EPSDT Criteria – a service can only be covered if all 8 criteria are met:

EPSDT services must be a coverable services within the scope of those listed in the Medicaid Statute at 42 USC 1396d(a).

For example, "maintenance" and "rehabilitative services" are covered by EPSDT, even if the particular maintenance or rehabilitative services requested is not listed in Health First Colorado clinical policies or service definitions.

The service must be the most cost-effective mode so long as the less expensive service is equally effective and actually a vailable. Health First Colorado may not deny medically necessary treatment to a member based on cost alone but may consider the relative cost effectiveness of alternatives as part of the prior authorization processes.

The service must be medically necessary to: Prevent; Diagnose; Evaluate; Correct; Ameliorate, or Treat a defect, physical or mental illness, or a condition diagnosed by the members PCMP, therapist or licensed practitioner.

Ameliorate means to improve or maintain the member's health in the best condition possible, compensate for a health problem, prevent it from worsening or prevent the development of a dditional health problems

Service must be safe

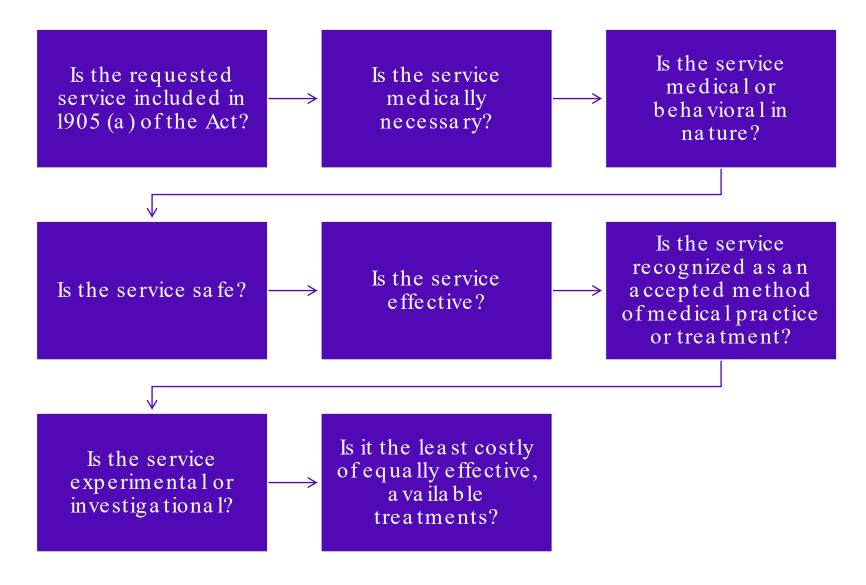
Service must be effective

Service must not be experimental or investigational (add1 information on this)

Service must be determined to be medical or behavioral in nature Service must be generally recognized as an accepted method of medical practice or treatment.



Questions to consider based on 8 criteria for EPSDT:





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Prior Authorizations for Covered Services

- 1. If a service, product, or procedure requires prior approval, the fact that a member is undertate years of for this approval.
- 2. If prior approval is requested and if the member does not meet the clinical coverage criteriage policy slimits, providers should submit documentation to the appropriate vendor or contractor with the sprior a how the service at the requested frequency and amount is medically necessary and meets all EPSD.
- The medically necessary criteria includes services/products/procedures to prevent, diagnosealua physical or mental illness or condition.
- The eneral Provider Information Mains instructions for requesting prior authorization for services ica.
- 5. The provider is required to produce information as needed.



Non-Covered Services and EPSDT

- 1. Requests forcovered services are requests for services, products or procedures that are notified buded State Plan but are coverable under federal Medicaid law for members under 21 years of age.
- 2. Service requests-foorword state Medicaid plan services and requests for a review when there is no requested service, should be submitted to - Requests where there are established review processes should be submitted to the appropriate system for State Plan services and other EPSDT coverage.

A request for a non-covered state Medicaid plan service includes a determination that ALL EPSDT criteria are met.



EPSDT Coverage and Waiver Programs

- Home and Community-Based Services (HCBS) are available only to participants in the waiver programs and are not part of the EPSDT benefit.
- Any member enrolled in a waiver program can receive BOTH waiver services and EPSDT services.
- EPSDT services must be provided to members under 21 years of age in a waiver program under the same standards as other under-21 members receiving Medicaid services.



"Just Ask" if it may be covered under EPSDT

A best practice may be as simple as linking an EPSDT-eligible member with a care coordinator. Just call the toll free number at HCI or NHP to make a referral for care coordination.

HCI: 888-502-4185 **NHP**: 888-502-4189





Chapter 04

Member Engagement:

- Wellness & Prevention Focus
- Rights & Responsibilities
- Complaints & Appeals
- Member Appeal & State Fair Hearing Rights
- Provider Claim Appeals





Member Engagement:

Wellness and Prevention Focus





Northeast Health Partners (R2)

✓ Northeast Health Partners wellness and prevention focus this month (February) is Stress Reduction/Healthy Heart. Please go to <u>Calendar and Events</u> for a recording of our 'Getting Started.' This will be uploaded soon!

✓ NHP has practical tip sheets to provide members on Stress Reduction in English and Spanish. See <u>Wellness and</u> Prevention Resources.

✓ March 2024 Focus: Healthy Eating and Exercise (diabetes prevention). Join us on the first Thursday of the month for a "getting started" webinar at 11 am. This is a 30-minute webinar for members, family members and health care professionals. We will discuss healthy eating and exercise. See Calendar and Events for the "Getting Started" webinar link.

Health Tip Sheet

Reduce Your Stress





www.northeasthealthpartners.org 888-502-4189; TTY: 800-432-9553; State Relay: 711

If you would like a copy of this document in large type or help with oral interpretation or written translation, please call 1-888-502-4189. If you have speech or hearing disabilities, there are auxiliary aids you may use (TTY/TDY/American Sign Language – call 1-800-432-9553 or State Relay 711). These services are free.



Practice good habits

- · Get at least eight hours of sleep each night.
- · Exercise 3-5 times each week for 30-60 minutes.
- · Stay away from foods high in fat and sugar.
- · Cut down on excess coffee, soda, and alcohol.
- · Avoid tobacco and illegal drugs.



Three easy steps

You can choose how to manage your stress. Slow belly breathing is one way to relax and reduce stress. You can do this in three easy steps.

- 1. Get to know your breath.
- Slow belly breathing.
- 3. Practice Belly breathing.



1. Get to know your breath.

- You can stand, sit or lie down. Be comfortable.
- . Close your eyes or stare at a spot in front of you.
- . Put one hand on your chest, right over your heart.
- Put the other hand on your belly, above the belly button.
- Notice your breath.



2. Slow belly breathing

- Relax your mouth and jaw and breathe in through your nose (like you are smelling a flower).
- Exhale slowly through your mouth (like you are blowing out candles on a cake).
- Let your belly blow up like a balloon with your breath.
- · Let your belly fall as you breathe out.
- · Count to four as you breath in.
- · Count to four as you breath out.



3. Practice belly breathing

- Practice for 5-10 minutes at a time.
- · Practice one or two times a day.
- When you start to feel stress in your body, practice breathing.
- You can practice while you are in line at a grocery store or in our car.



Need Help?

If you would like to talk with a health care provider about your stress, you can call Northeast Health Partners (NHP) at 1-888-502-4189. NHP will help you find a provider.





Health Colorado (R4)

If you would like a copy of this document in large type or help with oral interpretation or written translation, please call 1-888-502-4185. If you have speech or hearing disabilities, there are auxiliary aids you may use (TTY/TDD/American Sign Language - call 1-800-432-9553 or State Relay 711). These services are free.

Dental Benefits

Learn more about HCI: healthcoloradorae.com



Dentaquest Information

Dentaquest manages dental benefits for Health First Colorado (Colorado's Medicaid Program) members. DentaQuest can be reached between 8 am - 5 pm MT at 1-855-225-1729. TTY:711.

You can visit them online 24/7 at: https://dentaguest.com/state-plans/regions/colorado/

You will need to create an account or use an existing one. Click "Ready to Register/Create an Account". Enter name, email, Medicaid # and date of birth. Your Medicaid # is your Health First Colorado number. Once you create you account, you can:

- · Check dental benefits
- Download DentaQuest ID card
- · Find a dentist

To find a dentist, go to







888-502-4185

Health Colorado (HCI) is your local health plan that manages Medicaid. HCl will connect you with a care coordinator to baln with transportation. This is a free call









- · Dental exams and cleaning
- X-rays and fillings
- · Basic, complex, and emergency care
- · Braces (needs prior authorization)

Adults:

- · Cleanings*/Deep cleanings*
- Dentures*
- Exams and x-rays*
- Fillings*
- Tooth Extraction*

*Some services need prior authorization and have limited frequencies.

Make sure to see your dentist every 6 months to keep your teeth healthy and prevent issues that could affect your



✓ Health Colorado's wellness and prevention focus this month is Dental Visits/Oral Health. Please go to Calendar and Events for a recording of our 'Getting Started." This will be uploaded soon!

✓ HCI has practical tip sheets to provide members on Dental Visits in English and Spanish. See Wellness and Prevention Resources.

✓ March 2024 Focus: Healthy Eating and Exercise (diabetes prevention). Join us on the first Thursday of the month for a 'getting started' webinar at 11:30 am. This is a 30-minute webinar for members, family members and health care professionals. We will discuss healthy eating and exercise. See Calendar and Events for the 'Getting Started' webinar link.



Member Engagement:

Rights & Responsibilites





Member's Rights & Responsibilities

Rights

Be treated with respect and consideration for your privacy and dignity.

Get information in a way you can easily understand. This includes language services.

Get information from your provider about treatment choices for your health condition.

Be involved in all decisions about your health care and say "no" to any treatment offered.

Not be secluded or restrained as a punishment or to make things easier for your provider.

Ask for and get a copy of your medical records and ask that they be changed or corrected.

Responsibilities

Understand your rights.

Follow the Health First Colorado's (Colorado's Medicaid Program) handbook.

Treat other members, your providers and staff with respect.

Choose a provider from your plan network or call us if you want to see a different provider.

Pay for services you get that are not covered by Health First Colorado.

Tell your provider and Health First Colorado if you have other insurance or family or address changes.

The above list is just a sample of members' R&R. For full list:

NHP: Rights and Responsibilities

HCI: Rights and Responsibilities



Provider Responsibilities



Review rights with members



Have information about rights and how to file a complaint posted in a prominent place at your practice



Posters Available For Free in Spanish and English

Rights & Responsibilities
How to File a Complaint
You can print these from the websites



To request posters email: Coproviderrelations@carelon.com



HCI: 888-502-4185 or NHP: 888-502-4189



Member Engagement:

Complaints and Appeals: Member Complaints





Grievance (Complaint) Defined

Health First Colora do's Member Handbook informs members

You have a right to complain. This may also be called a grievance. You can file a complaint about anything. If your complaint is about coverage or preapproval of services, it is an appeal. For example, you can complain if you are unhappy with your service or think you were treated unfairly. You cannot lose your coverage for filing a complaint. That's the law! If your complaint is about your provider, you can always talk to your provider. You can make a complaint to your health plan any time.

HCPF defines complaint as an oral or written expression of dissatisfaction about <u>any matter</u> other than an Adverse Benefit Determination.





Members have the right to file a Complaint

- If a Member raises an issue or concern about ANY of their providers; which could include their Primary Care Medical Provider, a Specialist, or their Behavioral Health Provider, they can talk to that provider or file a complaint with the RAE or one of the RAE's delegated advocates.
- A Member can designate a provider, a family member, or anyone they choose as a Designated Client Representative (DCR) to file a complaint on their behalf.
- Members cannot be punished for filing a complaint.
- Members/Guardians/DCRs can file a complaint verbally or in writing.
- Members/Guardians/DCRs can file a complaint at ANY TIME and for ANY REASON.
 - There is no time limit to file a complaint!
- Carelon follows 42 CFR.438 regulations in handling complaints.



What Happens When a Member Complaint is Filed?

- A letter is sent to the Member within two (2) business days that a cknowledges receipt of the complaint.
- The complaint investigation will be completed within fifteen (15) business days of the day they filed the complaint. A one-time fourteen (14) day calendar extension can be requested by the Member or the RAE if it benefits the Member. Members will be informed if more time is needed to resolve the complaint.
- A complaint resolution letter will be sent to the Member explaining the results of the investigation.
- If the Member does not a gree with the results of the investigation, they can ask for a 'Second Level Review'. This review is completed by the Colorado Department of Health Care Policy and Financing, Medicaid Managed Care Contract Manager. The results of this review are final.
- The Member also has the right to ask for a review by contacting the Ombudsman for Health First Colorado Managed Care. There is an Ombudsman Policy on the websites for providers to review.



Ombudsman Policy

The RAE's Ombudsman Policy is located on respective websites under Members/Complaints & Appeals Tab. This policy is a vailable in English/Spanish.

The Ombudsman for Health First Colorado Managed Care can help members file a complaint or an appeal.

Members can contact the Behavioral Health Ombudsman Office of Colorado for a parity issue.



Standard Operating Procedure			
SOP Number: 308L	Category:	Page 1 of 5	
Title: Working in Partnership with the Ombudsman for Medicaid Managed Care	Original Date of Issue: 12/01/2013		
Keyword Search: Ombudsman	Date Approved: 12/29/2022		

Carelon Behavioral Health Policies and Procedures cover the operations of all entities within the Carelon Behavioral Health Holdings, LLC corporate structure, including but not limited to Carelon Behavioral Health Strategies LLC and Carelon Behavioral Health, Inc.

Reviewed	Revised	New	Approval Signatures:
To select double click box, select Checked, then OK			V A Fabras
Functional Area(s) Involved in Review: Member Services			Lynne A Fabian
Service Center/Engagement Center: Colorado Springs		do Springs	Lynne A. Fabian, LPC Manager, Health Care Promotion Outreach Specialist
Previous Approval Date: 7/14, 9/15, 8/16, 1/18, 9/21, 12/22			Next Annual Review Due: 12/29/2023

I. Purpose:

To describe the procedures for collaborating with the Ombudsman for Health First Colorado (Colorado's Medicaid Program) Managed Care.

I. Policy:

- a. The Regional Accountable Entity (RAE) ensures that Health First Colorado members have a voice in their care delivery. The RAE recognizes that many Health First Colorado Members benefit from having an advocate work on their behalf when using the complaint process or seeking specific services.
- The RAE will not interfere with advocacy relationships between members and whom they choose as an advocate.
- c. The RAE will utilize and refer members to the Ombudsman for Medicaid Managed Care to help with problem solving, complaint resolution, in-plan, and administrative law judge (ALJ) hearing level appeals, and referrals for community resources, as appropriate.
- d. The RAE will collaborate with the Ombudsman and share Personal Health Information (PHI) without a signed release on matters outside of psychotherapy notes or substance use disorder-related information. The RAE will collaborate with the Ombudsman except if a member has signed a release with explicit instructions to not share information about their healthcare with the Ombudsman.

Carelon Behavioral Health



Where do you direct Members to Make a Complaint?

Member/Guardian/DCR can write, call or email us at:

Community Outreach Manager 10855 Hidden Pool Heights, Suite 260 Colorado Springs, CO 80908

888-502-4185 (Health Colorado)

Email: healthcolorado@carelon.com

or

888-502-4189 (Northeast Health Partners)

Email: northeasthealthpartners@carelon.com

Members can contact the <u>Ombudsman</u> at: 303-866-2789; email: <u>ombuds@bhoco.org</u>. Website: www.bhoco.org.

A Complaint Guide can be found on our websites: www.northeasthealthpartners.org or www.healthcoloradorae.com under the member tab/complaints and appeals.



**How to File a Complaint Posters a vailable upon request. Please contact the Community Outreach Manager **



Member Engagement:

Complaints and Appeals: Provider Complaints





Provider Complaints

Providers can contact Carelon Behavioral Health to file a complaint at our email or toll-free numbers:



coproviderre la tions@carelon.com



HCI: 888-502-4185

NHP: 888-502-4189



Member Engagement:

Member Appeal & State Fair Hearing Rights





Appeal Facts

A clinical appeal is the <u>member's</u> right in Colora do. Members can designate a person of their choice (including a provider) to request an appeal on their behalf by filling out a Designated Client Representative (DCR) Form. This is found on the website under Members/Complaint and Appeals.

The member has 60 calendar days from the date the notice of adverse

benefit determination letter is sent to request an appeal for a denied

There is only one level of appeal for members.

behavioral health service.

Providers do not have the right to request a Clinical Appeal in the State of Colorado. A provider can request an appeal for a claims issue by calling (800) 888-3944.

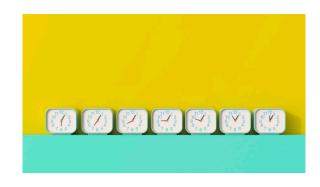
Who Can File an Appeal for a Member

Members can appoint anyone to be their Designated Client Representative (DCR) to request an appeal on their behalf. This person can be a family member, a service provider, or anyone else they choose. The member can call the RAE's Community Outreach Manager to find out when a DCR and/or ROI form is needed.

Members can find an Appeal Guide, ROI or DCR form on our website:

www.northeasthealthpartners.org or www.healthcoloradorae.com under the member tab/complaints and appeals.

If a Member/Guardian/DCR requests an Expedited (quick) appeal, the MD for the RAE needs to make a decision if the standard appeal timeframes would jeopardize a member's life, physical or mental health. If approved, the "appeal clock" starts ticking, otherwise, we will make a decision within ten (10) business days.





State Fair Hearing (SFH)



• All appeal rights
need to be exhausted
prior to members
requesting a State
Fair Hearing (SFH)
before an
Administrative Law
Judge -- unless the
RAE does not follow
appeal time frames.



• Members/Guardians/
DCRs can request a
State Fair Hearing up
to 120 days from the
Appeal Decision date.
Members may have
any representative
they would like at the
SFH.



Judg

• Members can ask our Community Outreach Manager for help needed to contact Office of Administrative Courts to request a SFH.

• 1525 Sherman Street, 4th Floor, Denver, CO 80203

• 303-866-2000



Administrative

Continuation of Benefits During an Appeal OR State Fair Hearing

If a Member wants services to continue during an appeal or State Fair Hearing, the member must ask the RAE that their services continue. A provider cannot make this request on behalf of the Member.

The Member must make this request within ten (10) days from date they received the Notice of Adverse Benefit Determination letter or Upheld Appeal Decision letter. The Member may be liable for the cost of continued services if the appeal or SFH decision is upheld.

There is an Appeal Guide and State Fair Hearing Guide on the RAE's website to provide to members



Continuation of Services: Standards that must be met:

Standards for continuation of services during an Appeal or State Fair Hearing

- The service must have been ordered by an authorized provider
- The Member must ask to continue the service by calling their RAE within ten (10) business days

Standards for Continuation of Services during an Appeal

- The time period for the authorized service must not be over yet
- The services were denied, reduced, or stopped
- The Member has sixty (60) days from the date of the adverse benefit determination to file an appeal

Standards for Continuation of Services during a State Fair Hearing

- The previously authorized services were denied, reduced, or stopped
- The Member can request a State Fair Hearing up to 120 days from the upheld appeal
- Services must have been continued during an appeal to request continuation of services during a SFH



Member Engagement:

Provider Claim Appeals





Provider Claims Appeals



Providers can contact the Claims Department at Carelon Behavioral Health to appeal or challenge a behavioral health service that was not paid for. *This is different than a claims payment, that is not paid based on a clinical denial.* The number for the Claims Department is **1-800-888-3944**. Providers can also write:

Claims and Claims Appeals Carelon Attn: Health First Colorado Claims PO Box 1850 Hicksville NY 11802-1850

For Physical Health Claims Appeals, providers will need to contact Health First Colorado at 1-844-235-2387.



Language Assistance

✓ Call Northeast Health Partners at 888-502-4189 if you need help arranging interpretation services for a member.

✓ Call Health Colorado at 888-502-4185 if you need help arranging interpretation services for a member.



Chapter 05

Updates





Carelon Training Webinars

Carelon offers monthly training webinars for providers. Here are examples of webinars scheduled for this month.

You can register for any of these trainings by going to:

https://www.carelonbehavioralhealth.com/providers/resources/trainings

Behavioral Health 101 & Warning Signs Thursday, February 15 at 3 p.m. ET

ProviderConnect Overview
Wednesday, February 14 at 1 p.m. ET

<u>eServices Overview</u> Wednesday, February 7 at 1 p.m. ET

Claim Submission Guidance
Thursday, February 22 at 12 p.m. ET

Overdose Prevention in Opiod Use Disorders Wednesday, February 28 at 12 p.m. ET





February HCPF Trainings

Beginner Billing Training: Institutional Claims: This training will show you how to navigate the HCPF website, understand billing prerequisites, and how to complete basic billing. Held the 3rd Thursday of each month. Next training – Thursday, February 22nd at 9 AM

Beginner Billing Training: Professional Claims: This training will show you how to navigate the HCPF website, understand billing prerequisites, and how to complete basic billing. Scheduled – Thursday, March 7th at 9 AM

Business Intelligence and Data Management: Data Analytics Portal (CDAP) - On-Demand

Care and Case Management: Care and Case Management Resources and Training — On Demand

For a full list of trainings, resources, and calendars of trainings please visit the HCPF website: https://hcpf.colorado.gov/provider-training





State Behavioral Health Services (SBHS) Billing Manual January Update

- A new SBHS Billing Manual is a vailable and effective 1/1/2024 at: https://hcpf.colorado.gov/sbhs-billing-manual
- There is a Tracking Form a vailable outlining changes made to the manual effective 1/1/2024
- Examples of changes are:
 - Edited Appendix N to reflect new Neuro/Psych Testing reimbursement policy
 - Added POS 11, 56, and 99 to H0035
 - Edited language on H0038 Peer Services code
 - Edited language on H0046 Drop-in Services





Chapter 06

Reminders, Questions & Open Discussion





Carelon Resources – How to connect...

Call the National Provider Service Line (NPSL) at: 800-397-1630

Email Colora do Provider Relations at: CoProviderRelations@carelon.com





Carelon Resources – Forms and Guides

https://www.carelonbehavioralhealth.com/providers/forms-and-guides

CMS 1500 Claim Form

UB04 Claim Form

Tip Sheets for how to complete billing forms

W9 Templates

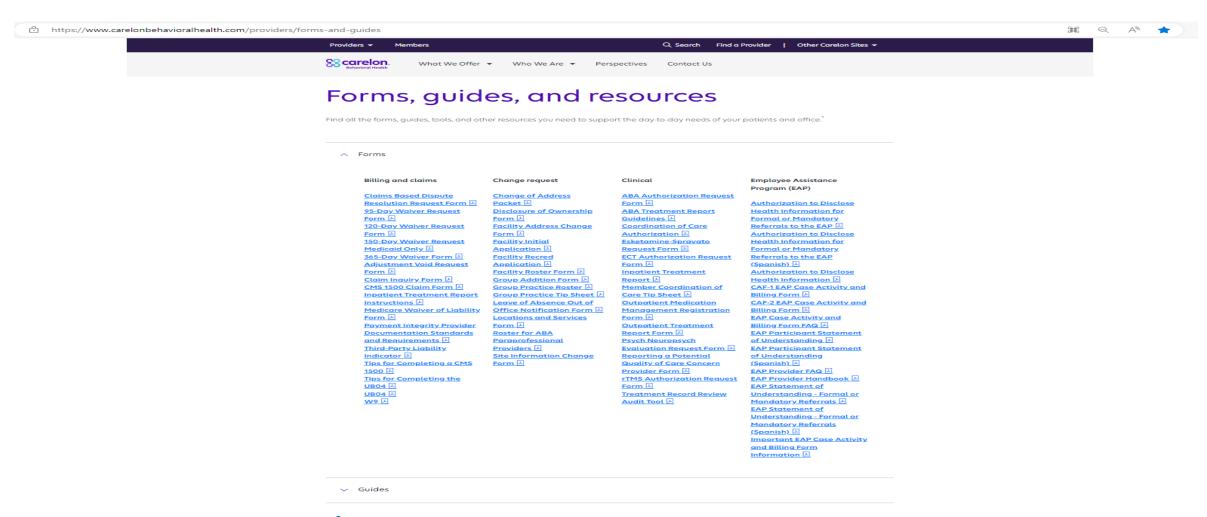
Change Request Forms

Clinical Forms





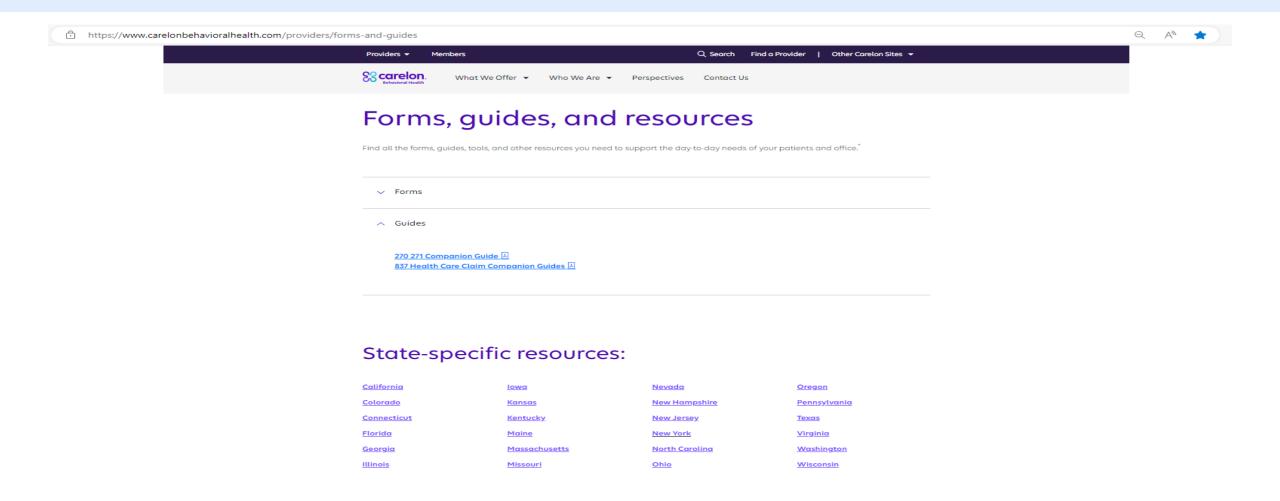
Carelon Resources – Forms and Guides







Carelon Resources – Forms and Guides







Stay Up To Date

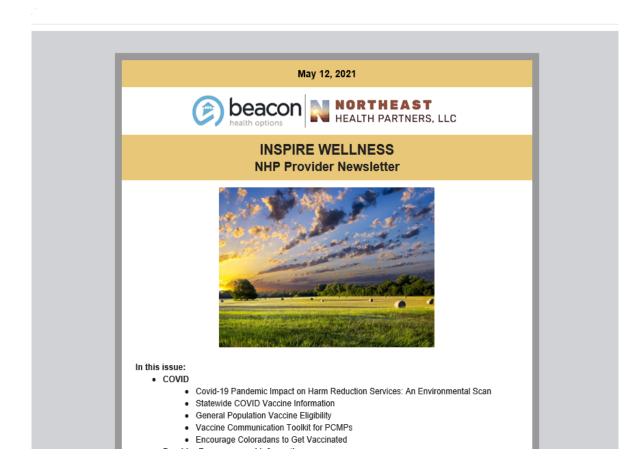
Every month we provide a Newsletter that has information for providers- including upcoming webinars,

events, updates, and resources.

Be sure to check out the Inspire Wellness newsletter!!

To sign up please email: CoProviderRelations@carelon.com Wed 5/12/2021 7:02 AM

Beacon Health Options Provider Relations <coproviderrelations@beaconhealthoptions.com>
NHP Provider Newsletter 5.12.2021







2/9/2024 6

Upcoming Training

The Next RAE Roundtable

The 2nd Friday of the month

March 8, 2024

11am





Thank you

Contact Us





888-502-4189



888-502-4185



www.northeasthealthpartners.org



www.healthcoloradorae.com



northeasthealthpartners@carelon.com



healthcolora do @carelon.com



https://www.facebook.com/northeasthealthpartners.org/



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