

NHP PROFESSIONAL DEVELOPMENT

## FALL LEARNING SERIES

# CAT / CAS TRAINING

CERTIFIED ADDICTION TECHNICIAN / CERTIFIED  
ADDICTION SPECIALIST  
CORE CURRICULUM



This course is offered at  
no cost to our NHP  
network.

Questions?  
Email [training@nhpllc.org](mailto:training@nhpllc.org)

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# CAT/CAS TRAINING DETAILS

## Principles of Addiction Treatment

This course explores different models of addiction, provides an overview of various treatment approaches, and highlights the National Institute on Drug Abuse (NIDA) principles of effective care, along with evidence-based practices. The hybrid format includes two weeks of independent online learning, and one full 8-hour session held via Zoom.

**Dates:** October 13-27th

- 10/13 9-9:45am Course begins + tech support session
- 10/27 8-5pm Live day on Zoom (mandatory)

**Daily Schedule:** 9:00am–12:00pm and 1:00–3:00pm (≈5.25 hours/day)

## Case Conceptualization & Documentation

This course is designed to help counselors understand the clinical record and how it reflects the full continuum of client care. It includes an introduction to diagnosis using the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, as well as ASAM Criteria for placement decisions. Participants will also explore screening and assessment tools, treatment planning, progress notes, and discharge summaries, along with key documentation elements such as informed consent, mandatory disclosures, and release forms. The hybrid format includes one week of independent online learning, and a full-day session held via Zoom.

**Dates:** November 2-13th

- 11/2 Course begins + tech support session
- 11/13 8-5pm Live day on Zoom (mandatory)

**Daily Schedule:** 9:00 am–12:00 pm and 1:00–2:30 pm (≈4.5 hours/day)

## Addiction Counseling Skills

This course introduces a practical framework and counseling model for working with clients experiencing substance use disorders. It emphasizes a client-centered, counselor-guided approach grounded in the spirit and techniques of Motivational Interviewing. Participants will build and practice skills to help clients identify, explore, and make meaningful behavior changes. The hybrid format includes two weeks of online learning and one full 8-hour session held via Zoom.

**Dates:** December 9-16th

- 12/9 Course begins + tech support session
- 12/16 8-5pm Live day on Zoom (mandatory)

**Daily Schedule:** 9:00 am–12:00 pm and 1:00–3:00 pm (≈5.25 hours/day)

\*This training series does not cover all of the classes needed to apply for a CAT/CAS. These are for the core curriculum only. Participants will need to enroll with another educational provider to complete the required classes