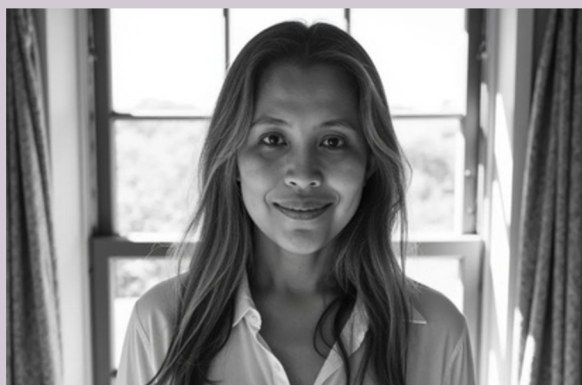


Save The Date

A 3-PART SERIES
**SEPT. 3, SEPT. 10,
& SEPT. 17, 2026**
9-10:30AM

FREE TO NHP NETWORK
TO REGISTER EMAIL
TRAINING@NHPLLC.ORG

About Our Trainer



Doreen Hills, Master Trainer with the Complex Trauma Training Institute & Consortium, Boston MA | Founder, Director, and CHTA Provider

Doreen isn't just a therapist; she's a seasoned guide who has walked alongside individuals through their most challenging journeys for over two decades. Holding a remarkable array of credentials – LPC in Colorado, LMHC in New York, NCC, CCJTS, CCFC, Certified EMDR Therapist, and CCTP – Doreen's expertise is as deep as it is broad. Learn more about Doreen and her work [here](#).

To register please email,
[**training@nhpllc.org**](mailto:training@nhpllc.org)

NHP PROFESSIONAL DEVELOPMENT

COMPLEX TRAUMA 101



Overview

This three-part training explores complex trauma. The session will cover the overall goal of trauma assistance, and definitions of trauma according to DSM5 and complex trauma. Additionally, participants will look at,

- The risk factors for complex trauma
- Increased risk for subsequent trauma exposure if the initial exposure is unmitigated by early intervention
- Complex trauma adaption
- Factors determining the impact of trauma
- Trauma effects on the brain, body, and behavior
- Factors protecting children from the impact of trauma
- The ACES Study
- Common sequelae of trauma for adults

And more!

