

Save The Date

A 2 PART SERIES  
**JUNE 18<sup>TH</sup> &  
JUNE 25<sup>TH</sup>**  
9-10:30AM

**FREE FOR NHP NETWORK  
PROVIDERS, CARE  
COORDINATORS, PRACTICE  
SITE STAFF AND COMMUNITY  
BASED ORGS**

## About Our Trainer



**Doreen Hills, Master Trainer with the Complex Trauma Training Institute & Consortium, Boston MA | Founder, Director, and CHTA Provider**

Doreen isn't just a therapist; she's a seasoned guide who has walked alongside individuals through their most challenging journeys for over two decades. Holding a remarkable array of credentials – LPC in Colorado, LMHC in New York, NCC, CCJTS, CCFC, Certified EMDR Therapist, and CCTP – Doreen's expertise is as deep as it is broad. Learn more about Doreen and her work [here](#).

To register please email, [training@nhpllc.org](mailto:training@nhpllc.org)

NHP PROFESSIONAL DEVELOPMENT

# COMPLEX TRAUMA & DOMAINS OF IMPACT



## Overview

This training explores the types of chronic trauma, diagnoses, and outcomes, including the effects of complex trauma exposure in children. Eight domains of complex trauma will be discussed in depth: affect regulation, behavioral control, physical health, cognition, dissociation, self-concept, attachment, and future orientation. Participants who attend and complete this training should be able to:

- Describe types of complex trauma
- Describe the prevalence of childhood and complex trauma
- Describe diagnoses, comorbidities, and diagnostic issues relevant to complex trauma
- Define Developmental Trauma Disorder and Complex PTSD
- Describe 8 domains of complex trauma
- Describe the long-term consequences of childhood exposure to complex trauma

