

BENEFITS

Food Assistance

Health First Colorado (Colorado's Medicaid Program) members may be eligible for SNAP or WIC benefits.



Programs

SNAP: The Supplemental Nutrition Assistance Program helps individuals and families buy food.

- The money is put on an EBT card, which looks and works just like a debit card.
- Children on SNAP qualify for Head Start- free school meals and funds when school is not in session.

WIC: The Women, Infants and Children program providing healthy food, nutrition education, guide to breastfeeding and community support for income-eligible people who are pregnant and postpartum, and families with infants and children up to five years of age. WIC welcomes all parents and caregivers.



If you need help with the information in this document, including written/ oral translation; or in a different format like large print or as an audio file, we can help you at no cost. Call NHP at 800-541-6870 or State Relay 711 for callers with speech or hearing disabilities.

Applying

SNAP

Apply for a SNAP interview at a local Department of Human Services' (DHS) offices, CO PEAK online, MyCOBenefits mobile app, calling Hunger Free Colorado's food resource hotline or call United Way at 211.

Find the local DHS office at cdhs.colorado.gov/contact-your-county.

Learn more about SNAP at, cdhs.colorado.gov/snap.

WIC

Schedule an appointment at the local WIC clinic. Find a clinic and more information at the CDPHE WIC website, coloradowic.gov/eligibility/apply.

Learn more about WIC at, coloradowic.gov.

CARE COORDINATION

Care coordination is free and can be used to help make appointments, get medications filled or set up transportation for your outpatient appointments. Call 888-502-4190 to connect with a care coordinator.