



## Monthly News & Updates

#### **Northeast Health Partners**

Northeast Health Partners (NHP) is the Regional Accountable Entity (RAE) responsible for improving the health and wellness of our community members in the Northeast region of the state (Region 2). Our mission is to provide a comprehensive health plan that integrates physical and behavioral health care in a way that improves the the quality of life for members by ensuring they are connected to health care supports every step of the way. We proudly serve the following counties: Cheyenne, Kit Carson, Lincoln, Logan, Morgan, Phillips, Sedgwick, Washington, Weld & Yuma.

#### **Click Here to Visit Our Website**

#### January Is National Blood Donor Month

January is National Blood Donor Month, a time to recognize the generosity of America's blood donors and raise awareness about the importance of regular blood donations for those who are able to contribute. Every two seconds, someone in the United States needs blood, making these donations crucial. Find out if you're eligible to donate or locate a donation center near you by clicking below.

Learn More



# Program Spotlight: Weld CDPHE Heart of Weld Program

Heart of Weld, provided by Weld CDPHE, is part of the National Diabetes Prevention Program, led by the Centers for Disease Control and Prevention (CDC). It is proven to help people with prediabetes prevent or delay development of type 2 diabetes. Through the Heart of Weld group, individuals work with other participants and a trained lifestyle coach to learn the skills necessary to make lasting changes. Heart of Weld groups meet for a year - weekly for the first 6 months, then once or twice a month for the second 6 months to maintain healthy

#### January Upcoming Events

#### **NHP Getting Started Webinar**

January 9th, 11 - 11:30 a.m.
The topic will be transportation.

Scan the QR code below to access full details on this online event.



Colorado Department of Health Care Policy & Financing (HCPF) Vision Services Learning Session

January 16th, 4 - 5 p.m. Virtual Zoom Registration

HCPF is hosting a learning session for stakeholders in cison services.

**Learn More & Register HERE** 

Applied Suicide Intervention
Skills Training (ASIST)
Workshop

January 28th & 29th, 8:30 -

lifestyle changes. During each session, the lifestyle coach will teach a lesson and lead a group discussion.

Classes are free of charge, offered in English and Spanish and can be attended in-person or virtually. Click HERE for the upcoming class schedule.

Learn More

# The Center for Healing Trauma & Attachment (CHTA) Upcoming Virtual Training

Register now for a free virtual training on March 7th, focused on understanding and engaging students affected by complex trauma. You'll deepen your knowledge of trauma, explore trauma-informed strategies for addressing student behaviors, and discuss the key components of creating trauma-informed classrooms.

**Learn More & Register HERE** 



4:30 p.m. Sterling, CO

Two day workshop in suicide intervention skills hosted by Centennial Mental Health Center.

**Learn More HERE** 



## Upcoming Volunteer Opportunities

The Weld overnight shelter meal service, Weld diaper bank, City of Greeley neighbor labor program, and more, are in need of volunteers. If you have some free time, consider getting involved and making a difference in your community.

**Get Involved** 



## NHP Staff Highlight: Meet Our Business Intelligence Analyst





### Diamila Konate

Diamila is originally from Guinea Conakry, West Africa, and has been residing in Colorado for 14 years. She holds a degree in healthcare management and data analytics. Throughout her career, she has blended her passion for helping others with her interest in data-driven solutions. For as long as she can remember, Diamila has been committed to supporting those in need and making a meaningful impact. Her education has provided her with the skills to enhance healthcare systems and improve outcomes for communities. She is dedicated to using her expertise to create positive change and empower others to thrive.

Fun Fact: Diamila speaks four languages: Maninka, Sousou, English and French!









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