

HEALTH TIPS

Immunizations

Immunizations are also known as vaccines, and they help keep individuals and families healthy.



Vaccine Safety

Today's vaccines are tested to ensure that they are safe and effective.

Vaccines protect people from getting diseases such as Measles, Mumps, Rubella, Hepatitis B, Polio, Tetanus, Diphtheria, and Whooping Cough.

Vaccines protect communities by preventing the spread of disease such as COVID-19.

To learn more about vaccines and their safety visit [cdc.gov/vaccine-safety](https://www.cdc.gov/vaccine-safety).

There are no copays for vaccines.



If you need help with the information in this document, including written/ oral translation; or in a different format like large print or as an audio file, we can help you at no cost. Call NHP at 800-541-6870 or State Relay 711 for callers with speech or hearing disabilities.

Getting Vaccinated

When

- Babies need more vaccines in their first 18 months of life.
- Children and teens should be seen yearly to evaluate what vaccines they need.
- Adults should discuss what vaccines they need with their Primary Care Provider.
- Find recommended immunization schedules here:
[cdc.gov/vaccines/imz-schedules](https://www.cdc.gov/vaccines/imz-schedules)

Where

- Primary Care Provider
- Colorado's Department of Public Health & Environment Vaccine Locator:
cdphe.colorado.gov/immunizations/get-vaccinated

CARE COORDINATION

Care coordination is free and can be used to help make appointments, get medications filled or set up transportation for your outpatient appointments. Call 888-502-4190 to connect with a care coordinator.