

## HEALTH TIPS

# Family Planning

Services to prevent, delay or plan for pregnancy, that may be accessed by any member.



## Accessing Services

Health First Colorado (Colorado's Medicaid Program) covers family planning care. This includes office visits, medications and devices at no cost and with no co-pays for members.

Find a family planning clinic by visiting, [cdphe.colorado.gov/fpp/clinics-and-services/cliniclocationscounty](https://cdphe.colorado.gov/fpp/clinics-and-services/cliniclocationscounty).

### Family Planning-Related Services also covered:

- Sexually transmitted infection (STI) testing and treatment
- Cervical, breast and testicular cancer screenings
- Urinary/ genital track infections
- Referrals to other health services



If you need help with the information in this document, including written/ oral translation; or in a different format like large print or as an audio file, we can help you at no cost. Call NHP at 800-541-6870 or State Relay 711 for callers with speech or hearing disabilities.

## Services Covered

### Pregnancy testing and counseling

### Health education

Contraceptive, risk reduction, pregnancy planning and abstinence counseling

### Birth control methods

- Condoms
- Diaphragms
- Pills (oral contraceptives)
- Patches (like OrthoEvra)
- Vaginal rings (like NuvaRing)
- Injections (like Depo shot)
- Implants (like Nexplanon)
- Intrauterine devices/ IUDs (like Liletta, Mirena or Paragard)
- Emergency birth control (morning after pill, IUD)
- Sterilization (vasectomies, tubal ligation, Essure procedure)

## CARE COORDINATION

Care coordination is free and can be used to help make appointments, get medications filled or set up transportation for your outpatient appointments. Call 888-502-4190 to connect with a care coordinator.